



Big Brothers Big Sisters

Quick Facts

What if every child fulfills their potential? Think how amazing that would be. Start Something.

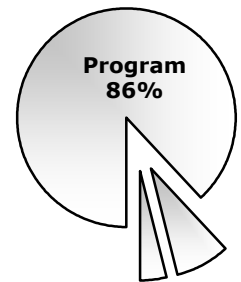
Big Brothers Big Sisters is not your typical organization. We help children realize their potential and build their futures. We nurture children and strengthen communities. And we couldn't do any of it without you.

We believe that inherent in every child is the ability to succeed and thrive in life. Most children served by Big Brothers Big Sisters live in single-parent and low-income families, or households where a parent is incarcerated. As the nation's largest donor and volunteer supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles").

Big Brothers Big Sisters of the Triangle's mission is to help children reach their potential through professionally supported, one-to-one relationships with measurable impact. Through individual donations, corporate partners and community support, we have continued to grow strong. We serve over 1,000 children in Durham, Orange and Wake counties.

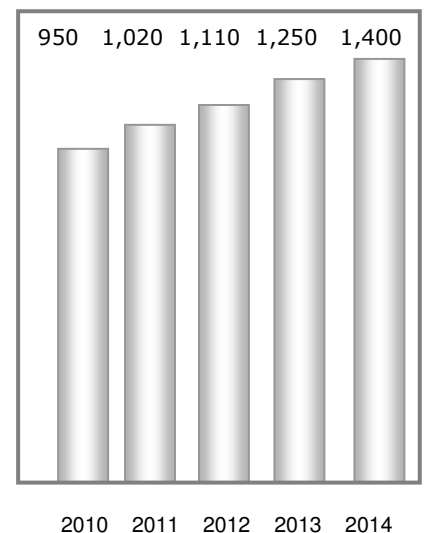
By providing a system of ongoing evaluation and support, Big Brothers Big Sisters is proven by independent studies to help families. This system improves the odds that Littles will perform better in school, avoid violence and illegal activities, and have stronger relationships with their parents and others. Headquartered in Philadelphia with a network of nearly 400 agencies across the country, Big Brothers Big Sisters serves a quarter million children annually.

A 2009 study conducted by Harris Interactive on behalf of Big Brothers Big Sisters found that adults who were matched for at least one year as children report that having a Big Brother or Big Sister played an integral role in who they are today by positively influencing their self-confidence providing stability, changing their perspective on life and pushing them to set higher goals



5% Fundraising 9% Management

Serving More Children



Big Brothers Big Sisters
of the Triangle, Inc.

1001 Navaho Drive
Suite GL-150
Raleigh, NC 27609

www.BBBSTriangle.org
info@bbbstriangle.org

Tel: (919) 850-9772
Fax: (919) 850-9774



We're Glad You Asked!

Frequently Asked Questions

What exactly is mentoring?

- A mentor is an adult who, along with parents, provides young people with support, counsel, friendship, reinforcement, and a constructive example. Mentors are good listeners, people who care, and people who want to help young people bring out strengths that are already there. Mentors are not surrogate parents or social workers.

What are the benefits of mentoring?

- It's fun, it's simple, and it makes a profound difference in the life of a child. Sharing the benefit of your experiences with a growing child is a great way to give back to the community. Both Bigs and Littles tell us it's the best thing they have ever done!

How do I become involved?

- Visit our office, e-mail, or call us. Fill out an on-line application. Whatever method you choose we'll answer all of your questions. One of our staff members will arrange for you to attend an orientation where you can learn more about the screening and matching process.

How much time does being a Big require?

- It takes so little to make such a big difference. We ask that you plan two activities or spend at least 8 hours per month with your Little for a period of one year. The time that you spend is arranged between you, the parent and your Little. You don't have to create time in your busy schedule – just incorporate your Little into your routine! In the school-based program you spend one hour a week visiting the child at their school for the duration of the school year.

Will it cost me anything?

- Being a mentor is free. The cost of activities between Big and Littles is up to you.

How will I know what child is best for me?

- Our Match Specialists are professionals. During your interviews, you will be asked a series of questions that will give us the information necessary to appropriately match you with the right Little. The more we know about you, the better we can make the match. Our professional staff is here to support you in your Match.

Who are the Little Brothers and Little Sisters?

- Little Brothers and Little Sisters are youngsters who are in need of additional guidance and support from a special friend, someone outside their immediate family. The majority of children in our program are involved because their parent(s) recognized the need for specific attention. Our Littles come from every racial, ethnic, religious, and socio-economic level.

How does Big Brothers Big Sisters differ from other youth organizations?

- Our agency deals with each child as an individual. We focus on preventing negative behavior through a team approach comprised of the Big, the parent, teachers, and our staff. Through our unique one adult to one child method, Big Brothers Big Sisters compliments without duplicating the efforts of other youth agencies.

What does it take to be a Big Brother or Big Sister?

- Being a Big Brother or Big Sister is something that almost anyone can do. Each potential Big is screened, trained, and supervised to help ensure that the relationship will be safe and rewarding for everyone involved. The only requirement is the willingness to make a new friend and the desire to share some fun with a young person.